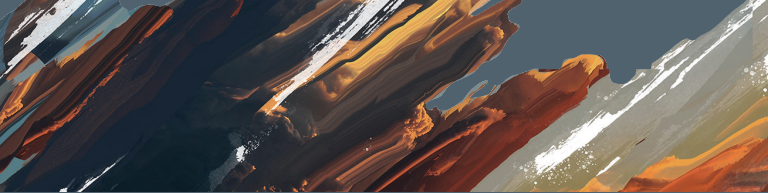


TOP TEN

The Ten Commandments

REFLECT | Week 9 | Exodus 20

1. When you hear the term “Ten Commandments” what is your first thought and feeling?
2. Are these thoughts and feelings positive or negative? Why do you think people struggle to receive rules and commandments?
3. Of what does God remind Israel in 20:1? Why does God do this before sharing the Ten Commandments?
4. Why is this a pinnacle moment in Israel’s history?
5. Commandments 1–4 and 5–10 point to different places? Do you notice this? Why could these differences be helpful for us to understand? See Matthew 22:36–40.
6. State each of the Commandments in your own words. Share how keeping them builds your relationship with God and others and how not keeping them can diminish both.
7. Do you relate to 20:20? What does “the fear of God” mean to you? How does it, or has it, shaped your life?



RESPOND | Each day this week, use the Ten Commandments as a prayer guide. Ask God to help you notice places you fall short and celebrate places you are growing.

RESOURCE | Visit the Bible Project on YouTube and watch the *Purpose of the Old Testament Law of Moses* video.

READ | Exodus 26–28